



Health Insurance from a Financial Perspective

October 4, 2017

Resources

1. **National Endowment for Financial Education** "Smart about Money's Insurance Basics Course":
A review of insurance basics including health insurance.
<https://www.smartaboutmoney.org/Courses/Money-Basics/Insurance>
2. **University of Maryland Extension** "Insuring Your Health: Consumer Resources":
Links to several online tools for consumers when it comes choosing and using health insurance.
<https://extension.umd.edu/insure/consumer-resources>
3. **U.S. Centers for Medicare & Medicaid Services** "HealthCare.gov":
A federal government website with information for individuals and families about health insurance, the Affordable Care Act, and the Health Insurance Marketplace. Information available in English and select other languages. <https://www.healthcare.gov/>

A list preventative services that are available under most plans visit:

<https://www.healthcare.gov/coverage/preventive-care-benefits/>

K-State Research and Extension "Health Insurance Smarts":

Series of fact sheets on topics related to health insurance. Type "health insurance smarts" in the search box. <https://www.bookstore.ksre.ksu.edu/>