



Health Insurance Options for Those Nearing Retirement

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Resources

Online Resources

1. **Medicare.gov** (www.medicare.gov/) is the official U.S. Government site for Medicare. This site includes information about Medicare and is also how you sign up and manage your Medicare policy.
2. **Healthcare.gov** (www.healthcare.gov/) is the website for information regarding health insurance coverage under the Affordable Care Act.
3. **Health Coverage for Retirees** (www.healthcare.gov/retirees/) provides specific information about retiring and how that affects your health insurance.
4. **5 Keys to Understanding Your Health Insurance Costs:** This fact sheet from NDSU Extension will help consumers understand the basics of how a health insurance plan works. This publication will take you through five keys to gain a better understanding of your health insurance costs.
www.ag.ndsu.edu/publications/money/5-keys-to-understanding-your-health-insurance-costs/fs1814.pdf
5. **Glossary of Health Coverage and Medical Terms:** Glossary of commonly used terms. Page 4 offers an example showing how deductibles, co-insurance and out-of-pocket limits work together in a real life situation.
www.dol.gov/sites/default/files/ebsa/laws-and-regulations/laws/affordable-care-act/for-employers-and-advisers/SBCUniformGlossary.pdf