4-H:UFit

Mini Congress
Thursday,
October 15

Power School
Power, Montana

9:15-9:45	Registration			
9:45-10:00	Welcome/Activity (Sarah Young and Cody Ulsh)			
10:00-10:45	U:Fit in 4-H Presentations *with Alisha Breen*	Cowboy Action Shooting *with Mark Major*	Breaking Records *with Susan Heuscher, Chottie Crary and Sarah Hodgskiss*	Dutch Oven Delicacies *with Connor Hodgskiss*
10:45-11:00	U:Fit Break (Zumba)			
11:00-11:45	A Model 4-Her *with Lexi Sullivan and Kacey Gollehon*	Take the Lead *with Kaylee Briscoe*	Where in the World Do You Fit? Geocaching *with Mark Major*	Dutch Oven Delicacies *with Connor Hodgskiss*
11:45-12:00	U:Fit Break			
12:00-12:45	Lunch District Leader's Meeting *with Dave Chandler*			
12:45-1:00	U:Fit Break (Cha, Cha Slide)			
1:00-1:45	Balloon Art *with Cody Ulsh and Dominic Streich*	Sew Stylish *with Kacey Gollehon*	Surprise Spot	Tying It Together *with Susan Rice*
1:45-2:00	U:Fit Break (Fun and Games with Cody and Sarah)			
2:00-2:45	Is Sewing Your Bag? *with Chottie Crary*	4-H in Focus *with Madison Martinsen*	Do You Fit at 4-H Camp? *with Sarah Young*	Nuts About Nutrition with Jane Wolery and crew
2:45-3:00	Closing Activity 4-H--U:Fit			

Complete class descriptions available at www.msuextension.org/teton

If you are a 4-H between the ages of 9 and 14,

UFit at 4-H Mini-Congress!

4-Hers, leaders and parents are welcome to attend.

October 1 Early Bird Registration $10 per person
October 7 Regular Registration $15 per person
October 13 Final Registration $20 per person

Print Form

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Please rank your class choices in your order of preference each section, with 1 as first choice and 4 as last choice. Classes will be filled on a first registered basis. Class limits will may apply. Teton County 4-H reserves the right to substitute any classes as needed. Please send information below to:
Teton County 4-H Council, PO Box 130, Choteau, MT 59422. For more information, contact Jane Wolery at MSU Teton County Extension, 406-466-2491 or jwolery@montana.edu.

10:00-10:45
_____ U:fit in 4-H Presentations
_____ Cowboy Action Shooting
_____ Breaking Records (record books)
_____ Dutch Oven Delicacies

11:00-11:45
_____ A Model 4-Her (modeling/accessorizing)
_____ Take the Lead (leadership)
_____ Where in the World Do U Fit? (geocaching)
_____ Dutch Oven Delicacies

1:00-1:45
_____ Balloon Art
_____ Sew Stylish
_____ Surprise (Class not yet decided. Surprises are good.)
_____ Tying It Together (Tied fleece pillow covers)

2:00-2:45
_____ Is Sewing Your Bag? (drink container bags)
_____ 4-H in Focus (photography)
_____ Do You Fit at 4-H Camp?
_____ Nuts About Nutrition

Name: _____

County: _____ E-mail _____

Phone/Cell: _____

Age by Oct. 1, 2009: _____

Please enclose appropriate registration fee (covers snacks, supplies, lunch)

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☐ Check here if you have any special needs — including accessibility accommodations or food allergies. Please describe: _____