



# Ravalli County 4-H News

# MARCH

Hello 4-H Families –

The 4-H program is based on learning by doing - doing the projects to learn new skills. Learning by doing is also called Experiential Learning. Almost all 4-H curricula uses experiential learning in their development and delivery because the 4-H program recognizes that direct, hands-on involvement is the most effective way to help children learn. (I've also seen it work for adults, too!)

Experiential learning or learning by doing actively engaged learners and encourages them to think for themselves, work hard and learn more.

So, how does it really happen?

**Step 1: Experience the activity.** Provide an opportunity to perform or do an activity.

**Step 2: Share what happened.** Ask questions about the activity and the experience. Open ended questions are great to ask the kids what happened.

**Step 3: Process what happened.** Ask questions about something that was important about the experience or activity. Help the youth analyze the experience and reflect upon the results.

**Step 4: Generalize the activity.** Ask questions to connect the learning to life skills and other subjects.

**Step 5: Apply what they learned to their own lives.** Help the youth see how they can use their new skills or information.

A simple why to think about the process of experiential learning is remembering three questions: **What? So What? and Now What?** These help provide structure and process to the 4-H learning process. If you have questions about using this in your next 4-H project activity, feel free to call our office.

Have a great March!

Katelyn Andersen  
MSU/Ravalli County Extension Agent

\*Adapted from Montana State University Curriculum: Leader's College Level 1

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**MONTANA**  
STATE UNIVERSITY

**EXTENSION**



## MARCH

Mar 1	QA -- more info on p. 5
Mar.1– 3	Citizenship Seminar
Mar. 6	County Rabbit Meeting
Mar. 7	QA — more info on p. 5
Mar. 7	Beekeeping Workshop, p. 3
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Mar. 17	Happy St. Patrick's Day!
Mar. 20-22	State Rec Lab 2009
Mar. 21	County Dog Meeting, p. 6
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Mar. 21	County Photography Meeting, p. 6
Mar. 23	Outdoor Adventures Meeting, p. 6
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## April

Every Monday in April,	LeadershipPlenty, p. 3
Apr. 6	Swine Workshop, p. 3
Apr. 17&18	MSU Equine Conference, p. 3
Apr. 20-26	NAPA Turn Off TV Week
Apr. 20-22	Phonathon Fundraiser, p. 7
Apr. 28	Livestock Committee Meeting, p. 6

## May

May 1-3	Teen Retreat, p. 11
May 8	Horse State Book Cover Deadline
May 15	"Dig It" Poster Deadline, p. 5
May 25	Daly Mansion Planting Day, p. 8

## June

Jun. 29	Rock N Riders Bitterroot Jackpot, p4
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## LEADER OPPORTUNITIES

### Master the Art of Goal Setting!

Come help your 4-H members and program grow by learning how to write blue ribbon goals!

Learn how to help them write clear goals and objectives for all 4-H projects. In this Lunch N Learn session, you will learn how to teach 4-H members how to write clear goals to match them to projects.

**When:** Friday, March 13—Noon hour

**Where:** Extension Meeting Room

**RSVP by Monday, March 9 to**

MSU Extension Office, 375-6611

### Calling all available hands!!

Due to additional commitments

Our awesome 4-H Council Treasurer Monica Lewis is respectfully asking that someone volunteer to finish out her term.

If your interested please contact  
The Extension Office at 375-6611

### Great News !!

### We are back in our Office!!

**On another note, it was brought to my attention that during the madness some information was missed in the newsletter. We are making every effort to organize and be sure this doesn't happen going forward. However, we would like to apologize for any inconvenience this may have caused.**

Sincerely,

**Carianna Newton, Katelyn Andersen, Bobbie Roos**

The date, time, and location of any of these scheduled activities are subject to change. If you have any questions, please call the Extension Office for updated information (375-6611).

All items for the next months' newsletter must be submitted by the 15th of each month and be limited to one-half page. Newsletter items can be emailed to [ravalli@montana.edu](mailto:ravalli@montana.edu) or delivered to the Extension Office. Check out the Ravalli County 4-H website: <http://www.msuextension.org/ravalli>

### Horseback Riding with the Bitterroot Saddle Busters

The Bitterroot Saddlebusters will be riding at the CMax and you can come!

**When:** Monday nights, 6pm to 8 pm except 2nd Monday of each month.

**Ride Fee:** \$5.00 per rider/horse.

**No riding if** the weather turns cold 25 degrees or less at 5pm or the roads are treacherous. We welcome anyone to come ride with us. For more information call Coral Maxwell at 821-3413.

### Develop your leadership skills with LeadershipPlenty!

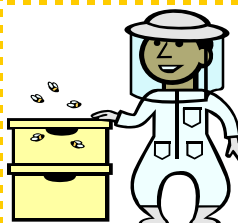
Leadership is about change—within individuals, within organizations and within communities. This program focuses on bringing those talents and resources to the table to assist communities in achieving their goals.

Come discover your leadership skills by developing and strengthening your talents.

#### Hamilton class details:

- Classes will be held Mondays: April 6, 13, 20 and 27 from 9AM to 4PM with 25 hours of instruction.
- Location: MSU Extension Office Meeting Room
- One hour break over noon hour for lunch on your own
- Minimum of 15 participants registered by Monday, March 30.

Please feel free to pass this along to anyone you feel may benefit from this program. There is also the opportunity for you to receive three university credits for \$189.50, or 25 OPI Renewal Units. Please call the MSU Extension Office, 375-6611, with any questions.



### MSU Beekeeping Workshop

Learn the ins and outs of farming healthy bees and ensuring pollinators are

**available when your crops need them most.**

- **When:** Saturday, March 7 from 9:00 AM to 3:00 PM
- **Where:** Broadwater County fairgrounds, 4-H Community Building (2 miles east of Townsend)
- **Cost:** \$25 for adults, \$10 for children 14 and under
- **Register:** Pre-registration encouraged for lunch count, call 406-266-9242 or download information at [www.msuextension.org](http://www.msuextension.org) and mail your check by March 2. For more information on the workshop, contact Virginia Knerr, [acxvk@montana.edu](mailto:acxvk@montana.edu), 406-266-9242.

### MSU EQUINE CONFERENCE 2009

- **WHEN:** April 17 & 18, 2009
- **WHERE:** MSU's Miller Pavilion
- For More information please contact Julie Hager at 406-994-7953

### COUNTY WIDE SWINE WORKSHOP FEATURING GUEST SPEAKER: Dr. WAYNE GIPP, MSU Swine Specialist

- **When:** Monday April 6th 6:30pm
- **Where:** Extension Meeting Room
- Please RSVP to the Extension office at 375-6611 or via email: [ravalli@montana.edu](mailto:ravalli@montana.edu)



**HOPE TO SEE YOU THERE!**

## 4-H TID-BITS

The Silver Spurs 4-H club would like to thank the Bitterroot Bandits for having Neil Campbell and Ashley Reid to come and speak to our members about Rec Lab.

LOOKING FOR PROJECT ANIMALS?  
DON'T FORGET TO CHECK OUT  
OUR 4-H FOR SALE MANUAL  
AT THE EXTENSION OFFICE OR CALL 375-6115

### The Barnyard Bunch 4-H Club 5<sup>th</sup> Annual 4-H TACK SWAP

WHEN: March 21, 2009, Saturday  
TIME: 8:00 am to 5:00 pm – Refreshments  
WHERE: \*\*Lone Rock Elementary School Gym

**Our tack swap in 2008 was a Huge Success!- Don't be left out in 2009 Bargains Galore! "Largest One-Day Tack Sale" In the Bitterroot Valley**

**Get Ready** – Go thru those barn rooms, tack rooms, storage sheds, closets, and jewelry boxes. Bring the items your not using. Horse For Sale pictures are welcome, no charge.

**Get Set** - Consign your items here. Support your local youth. Our youth is our future.

**Go** - Come look and buy from the hundreds of horse & livestock related items that will be available for sale. Many good deals!!

*We accept anything horse, livestock and small animal related.*

\*Donations/Tax Deductible. Call to drop off your items anytime after March 1st. **The earlier the better.** Consignment fee of 20% group. For details: Debby Cress at 531-3522 or Theresa Pendergast at 777- 3000 or 207-1130 cell

### Rockin' Rider's Bitterroot Jackpot

**When:** June 29 at Ravalli County Fairgrounds  
**Who:** Open to every youth 6-21, non 4-H and 4-H members  
**What:** Open "pen show" for beef, hog, dairy and sheep  
**Cost:** \$15 per head (cost may change)  
**Prizes:** Ribbons, prizes and jackpot money  
Cheryl Disney (777-5510) and Shelly Brown (777-3539) are organizing the event with some details to be determined. Interested in helping with sponsorships, clerking or ring stewards can contact them.



**HOST AN INTERNATIONAL DELEGATE**  
The deadline for ALL summer Inbound programs is March 15, 2009.

4-H families can host a Japanese, Costa Rican, Finnish or Norwegian delegate or an IFYE. Program dates and hosting lengths vary so please contact your county office, Regional International Coordinator, or Stephanie Davison at 994-3502, [sdavison@montana.edu](mailto:sdavison@montana.edu) for more information and application materials. This is a great chance to meet someone from another country and to make a lifelong friend.

### Stir-Ups 2009

County wide cooking Contest was held on Thursday, February 19<sup>th</sup>, at Hamilton High school's cooking room. The participants had to prepare a meal, create a notebook describing the meal, make sure the meal looked nice on a plate, as well as describe the meals nutritional benefits. This year there were 18 participants with 8 clubs represented!

Each year meals are cooked to themes with this year's theme being family traditions – like turkey for Thanksgiving. Charla Andrews, won for the oldest family recipe (her great grandmother's). Kenny Andrews, Eliz Brown, and Ali Ward won for theme interpretation.

There were three levels of judging for this event. In the Novice level, the chefs did not have to cook any of the meal on site but instead brought their main dish from home. They also had to bring a recipe and interview with a panel of judges. The Junior and Senior level chefs were required to prepare their main dish under the watchful eyes of judges during the event. All levels had to create their own table settings.

Danica Loucks, Senior at Hamilton High School and 4-H Teen Council member, did an awesome job of organizing this years event! Her Stir Ups experiences really helped to improve the contest. Some changes she made were to have at least one judge observing in the kitchen while others are reviewing notebooks, color coded evaluation forms, and modification of novice requirements. These changes, by all participant and judges accounts, made the event a huge success. Hats – or rather Pots – off to Danica for her leadership skills.

Many awards were handed out this year including, Top Senior which went to Martha Skaggs, Top Junior which went to Pamela Fawns, and Top Novice which went to Karissa Nickish.

I encourage more people to get involved in this great event next year!

*Freelance reporter  
Rebecca Fawns of Tapestry Club*

## 2008-2009 Ravalli County Quality Assurance Q and A

### What is Livestock Quality Assurance?

Livestock Quality Assurance is an educational program for youth to learn how to take care of livestock animals. It will inform 4-H and FFA members of their responsibilities as food producers.

### Is Livestock Quality Assurance required?

Livestock Quality Assurance is an educational program **required** by Montana State University Extension and Montana 4-H Center for 4-H/FFA members who plan to sell in the Ravalli County 4-H/FFA Livestock Sale. Livestock members **must** attend a training once every two years, however members can attend a training every year if they want.

### How often do I need it?

The 4-H Livestock Committee voted in Fall 2008 to change the requirement for 4-H members to have Quality Assurance training to once every two years rather than every year. **In order to sell at the Ravalli County 4-H/FFA Livestock Sale, members must have attended a QA training within the last two years.** For example, if you went to a training during the 2007-2008 4-H year, you don't need to attend a training until 2009-2010 4-H year. Members are still welcome to attend a training every year but it is no longer required.

### When are Livestock Quality trainings?

Members must attend an approved training. For the 2008-2009 4-H year, there will be several Quality Assurance trainings – some will be animal specific.

*We would like RSVP for all dates if possible to prepare*

#### **February 9, 2009 (Monday) – Quality Assurance for New Members in All Species - A General Overview**

Extension Office or Commissioner Room

Session 1 – 6-7 pm            or

Session 2 – 7 -8 pm

The sessions will be the same, offering 2 time slots to accommodate schedules.

#### **March 1, 2009 (Sunday) - Quality Assurance –**

**“What’s for Dinner and how it relates to your 4-H Market Animal”**

Extension Office or Commissioner Room

Session 1 – Beef – 4-5 PM,

Session 2 – Swine – 5-6 PM,

Session 3 – Sheep – 6- 7 PM

These sessions will be more focused on the specific animal for older/experienced 4-H members

#### **March 7, 2009 (Saturday) – Quality Assurance for New Members in All Species – A General Overview**

Extension Office or Commissioners Room

Session 1 – 9 -10 AM            or

Session 2 – 10 -11 AM

The sessions will be the same, offering 2 time slots to accommodate schedules.



State 4-H Horse Show  
October 2-4, 2009  
in Lewistown.



#### **2009 "Dig It! The Secrets of Soil" Poster Contest**

The National Poster Contest theme "DIG IT! The Secrets of Soil" based on the 2009 NACD Stewardship theme. Additional information can be found at [www.nacdnet.org](http://www.nacdnet.org) Deadline: **May 15<sup>th</sup>, 2009.**

## COUNTY WIDE OUTDOOR ADVENTURE PROJECT MEETING

WHEN: March 9th & March 23  
Time: 6:30pm

AT: NUXOLL HOME, 917 OUR LANE,  
HAMILTON

RSVP'S/DIRECTIONS CONTACT: TOM  
NUXOLL 961-4090

### TOPICS FOR DISCUSSION:

- Map and Compass use
- Fire Building Techniques
- Shelter Building & Knot Tying
- Outdoor Apparel
- Parental Involvement is requested.
- First Aid with Mr. Fred Ilgenfritz



## County Wide Small Bore Shooting Sports Meeting



When : Monday, March 9  
Where: Extension Meeting Room  
At: 6:30 pm  
For More Information Contact:  
Michael Smith at 531-6299

## COUNTY WIDE PHOTOGRAPHY PROJECT MEETING

- When: March 21, 10-12
- Where: at the Nature Trail (Western Parking Lot, not the Visitor Center) of Lee Metcalf National Wildlife Refuge in Stevi.
- Please RSVP to Extension at 375-6611
- For More Info Contact  
Jason Allen Photography  
[jasonallenphoto.com](http://jasonallenphoto.com)  
jasonallenphotography@hotmail.com  
406-381-7535



## ATTENTION ALL GOAT PROJECT FAMILIES!

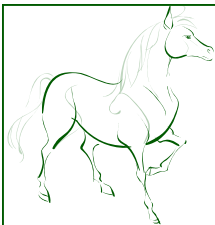
County Wide Goat Meeting  
TBA  
(Due to seeking new location)

For More Information please contact:  
Heidi Etter at: [icknree2@msn.com](mailto:icknree2@msn.com)  
(406)381-2282

County Wide Rabbit Meeting  
Friday March 6, 7:00PM  
At: Stevensville Feed and Farm  
For More information  
Contact : Katie Freeman, at 207-6218



**4-H Council Meeting**  
**When: March 16, 6:30 PM**  
**Where: Extension Meeting Room**

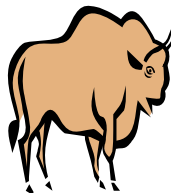


Horse Committee Meeting  
Thursday, March 12, 2009  
7pm in the  
Extension Meeting Room

COUNTY WIDE DOG MEETING  
Sat. March 21 11:00 am to 12:30 pm  
Mickey Powell Arena  
For More Information Contact  
Mickey Powell at 777-1652  
Email: [jmranch@hughes.net](mailto:jmranch@hughes.net)



Livestock Committee Meeting  
No February or March meeting  
Next meeting: April 28, 7 PM  
Location: Stevensville Main St  
Association



**South Valley Poultry Meetings**  
(Will be held the 3rd Tues of each Month)  
March 17, 2009  
Time: 6:30pm  
Where: 1055 Honeywell Drive, Corvallis  
For More Information please contact :  
Virginia Chaffin at 363-4793

**Save the Date: 4-H CARNIVAL**

Your ticket across America!

When: MARCH 28, 2009 5-8 PMWhere: Corvallis Public School GymsWhere do purchase tickets? From your local 4-H member!

If you have not picked up your carnival packet from the extension office, please pick it up ASAP.

Remember to turn in all non-sold tickets, ticket tracker sheet, money, drawing stubs, and auction items into the extension office or Heather Hudson on or by March 25<sup>th</sup>. In order to receive 10% back on pre-sale tickets, your packet must be turned in by this date.

If you have not contacted Shannon Gentry on your booth description please do so ASAP! 777-0599

Anyone interested in being a dance chaperone please contact Heather Hudson 240-6419. We need chaperones in order to have a community dance.

What a great opportunity to have fun with your club and other clubs with in the County!

Show us your American pride! Show us how fun a ticket across America can be!

Thank you to all groups for your participation!

**PHONE-A-THON** is coming up!

The dates for this year's phone-a-thon are April 20, 21, & 22 at the Extension Office meeting room. This is a very important fundraiser for Ravalli County 4-H. It is also a great way for 4-H members to raise money for themselves to participate in 4-H activities. Any of you who wish to participate in this year's phone-a-thon must call either Mary Monahan at 961-4666 or Nancy Hnizdil at 363-2306 **by March 10**. Those who have not participated previously must provide a list of names to call for donations, also by **March 10**. These names can be family, friends, or others that you think may be interested in supporting you and/or 4-H. Those who have participated previously are also encouraged to submit new names to call. Any questions call Mary or Nancy.

**DESIGN THE OFFICAL 2009****STATE 4-H HORSE SHOW BOOK COVER**

Entries must be received in the Fergus County Extension Office postmarked no later than **May 8<sup>th</sup>**. Entries should include artwork and theme (*not artwork alone*). For submission form and entry location, call the Extension Office for details. There is no limit on entries per person.

**4-H SCHOLARSHIPS****Ewe Grant Application**

The Montana Suffolk Sheep Breeders Association (MSSBA) is awarding one \$200 grant to be used for the purchase of a Suffolk ewe lab or yearling ewe. This is open for male or female youth between the ages of 9 and 16 and a resident of the State of Montana. Application due: June 30, 2009. For more information on this grant, please contact our office, 375.6611 or [ravalli@montana.edu](mailto:ravalli@montana.edu)

**MSU SCHOLARSHIP**

MSU will be awarding Distinction Scholarships for new freshmen from Montana. The amount of the one-time awards will range \$500 to \$1,000. The scholarships will be applied toward tuition.

For more information contact:  
Ronda Russell (406) 994-4451  
Email: [rrussell@montana.edu](mailto:rrussell@montana.edu)

**Montana 4-H Foundation Scholarships**

Douglas A. Dear Scholarship  
Montana Agri-Business Scholarship  
Montana Meat Processors Scholarship  
Montana Wheat & Barley Scholarship  
N.A. Jacobsen Scholarship

All Due May 1, 2009 to Montana 4-H Foundation. Application details available online at

[www.montana4h.org/#program:30](http://www.montana4h.org/#program:30)

## Come one, come all 4-H Indoor Exhibit Remodel Project!

**Who:** The Tapestry Club is currently seeking 4-Hers interested in assisting with the Exhibit Barn remodel.

**Where:** This barn is located under the grandstands at the Ravalli County Fair grounds and is in great need of an interior face lift, complete with lighting.

**What exactly?** The project will involve designing the interior with emphasis on visibility, accessibility, and space utilization; documenting the project for publicity and safety; conducting the work (painting, carpentry etc), and of course celebrating the efforts (party).

### Lead Positions Available:

Design	ADA Compliance
Cost	Painting
Publicity	Labor (electrical/carpentry)
Project Management	

\*\*Lead positions will require between 5-10 hours a week until assigned tasks are completed. Work days will probably be set for all day but people can sign up for half days. By indicating interest you are NOT committing to do the work - only expressing a desire to learn more about the project.

Work days will include Demolition, Painting, Interior Wall, Shelving, and others as determined.

If you are interested in assisting in one of the areas below please contact Wendi Fawns at 961-4179 or [wrfawns@yahoo.com](mailto:wrfawns@yahoo.com)

## Is your 4-H club looking for a Great Community Service Project?

**Marcus Daly Mansion Is looking for volunteers to Help with planting flowers on May 25th**

**For More Details Please contact:**

**Kim Morris at 363-6004**

**Marcus Daly Mansion**

**251 Eastside Hwy, Hamilton**



## 2009 CAMP OPPORTUNITIES

### It's time to sign up for 4-H Camp!

Ravalli County 4-H JC and Director Team have design and plan our two 4-H camps for summer 2009. There are a few twists to the game this year. We will have two 4-H camps: one for younger youth and one for older youth.

### When is it?

**Junior Camp:** July 25-28, 2009 (Sun.-Tues.) For youth 4-H Age 8-12.

**Teen Camp:** July 29-August 1, 2009 (Wed.-Sat.) For youth 4-H Age 13 and up. [Check out more information here](#) —>

**DEADLINE: FRIDAY, July 17, 2009.**

**Refunds until July 1, 2009 \*\*\*Space is limited\*\*\***

### Where is it?

**LOON LAKE 4-H CAMP - BIG FORK, MT**

### What does it cost?

**COST: \$85.00** - includes transportation from Ravalli County to camp, 9 meals, snacks, cabin bunk with mattress, hot showers, canoeing, swimming, campfires, fun workshops, games, camp t-shirt and dance.

### Teen Camp Opportunity:

This camp is designed specifically for teens in our county and the state! We want to provide the opportunity to our youth and will open the registration up to non-Ravalli County youth on May 15, 2009. So, get your registration in as soon as possible to reserve your spot.

\*\*4-H Age is the age you are on Oct. 1, 2008\*\*

## 2009 RAVALLI COUNTY 4-H CAMP REGISTRATION

**Junior Camp:** July 25-28, 2009 (Sun.-Tues.) For youth 4-H Age 8-12.

**Teen Camp:** July 29-August 1, 2009 (Wed.-Sat.) For youth 4-H Age 13 and up.

**DEADLINE: FRIDAY, July 17, 2009. Refunds until July 1, 2009 \*\*\*Space is limited\*\*\***

**LOON LAKE 4-H CAMP - BIG FORK, MT - 837-5770**

**COST: \$85.00** - includes transportation, 9 meals, snacks, cabin bunk with mattress, hot showers, canoeing, swimming, campfires, fun workshops, games, and dance

Please complete this form and return **with payment** to:  
 Ravalli County 4-H Council  
 215 S. 4<sup>th</sup> Street Ste G  
 Hamilton, MT 59840

**QUESTIONS?** 375-6611

Scholarships available: send letter of request with application by June 13, 2008. Secure spot with \$10 deposit per youth. Scholarship recipients will be notified by June 27.

Name:	Club:
Address:	City and Zip:
Phone:	Age (at camp):          DOB:
GL*   Chaperon   Camper   (circle one)	Male   Female   (circle)
What kind of swimmer are you?	Poor   Fair   Good   Excellent   (circle)
<b>PARENT:</b> Can your child sleep on the top bunk?	Yes   No   (circle)
Two friends I would like in my cabin are:	Kid T-shirt size: S   M   L   XL
	Adult T-shirt Size: S   M   L   XL
I would like to be picked up at: (circle one)	Hamilton – Kmart Parking Lot
	Florence – Town Pump Lot

**\*GL or Group Leader:** If you are 4-H Age 12, you are eligible to be a GL. They are an assistant to the JC's at camp. An evening training is required on Wednesday, July 15. For full job description, please contact the MSU Extension Office.

### CODE OF CONDUCT

1. Have fun and be safe! Participate in everything! Be on time!
2. Wear your name tag (except when sleeping, swimming or showering)!
3. Drink water regularly. A refillable water bottle will be provided.
4. Be at the dock **ONLY** when lifeguard or canoeing instructor is present!
5. Stay on the premises!
6. If you feel sick, tell a camp nurse or an adult!
7. Girls only in girls' cabins, Boys only in boys' cabins!
8. Wear appropriate clothing:
  - Swim suit in the lake; appropriate clothes on at all times, hat off in dining room; shoes on when walking outside
9. Quiet and cabin time is from 10:30 pm to 7:00 am for sleeping and for being good neighbors!
10. **No:** Fireworks! Foul Language! Alcohol! Illegal Drugs! Tobacco of any kind! Items that could cause harm to other campers!
11. Follow the direction of camp leaders

I agree to follow the Code of Conduct. Date and Signature of Applicant:
I understand that in the event of misconduct, the applicant will be sent home at the parent's expense. Date and Signature of Parent or Guardian:

(PLEASE COMPLETE INFORMATION ON BACK)

4-H HEALTH INFORMATION

Participant's Name	Parents or Guardians Names:	Phone: Home Work: Mom Dad
Emergency contact:	Relationship:	Phone:
Physician to contact:		Phone:
Medical Insurance?	Company:	#'s:

**There will be a nurse and a certified lifeguard at Camp.**

Medical Condition	Medication	Dosage	Frequency	Physician
List any allergies or drug reactions:				
Describe any dietary restrictions:				
Describe any physical restrictions:				
Does child wear contact lenses?				

Is there other information we should know about your child to insure his/her well-being?

In case of medical emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child. In case of minor emergency, I hereby give permission for the camp nurse or qualified camp staff to administer first aid. Parents will be notified of serious physical conditions requiring off-site medical attention.

I give permission for the camp nurse to administer non prescription medications to my child (check all that apply):

Acetaminophen (Tylenol),  Ibuprofen (Advil),  Cough syrup,  Antacid (Tums, Mylanta),  
 Antihistamine (for allergic reaction)  Midol

Date and Signature of parent or legal guardian:

Montana State University, Ravalli County Extension  
CONSENT TO PARTICIPATE

Description of Event: RAVALLI COUNTY 4-H CAMP

*This four to nine day event held at Darrell Fenner Loon Lake 4-H Camp provides a variety of workshops such as crafts, canoeing, games, dance, campfires, archery, swimming, and rope swing. Campers sleep in cabins with an adult chaperon and teen junior counselor(s). Transportation to and from camp is provided by commercial charter bus. Junior Counselors may be transported in private vehicles with adult drivers. All participants are covered by minimal accident insurance en route to and from camp and during camp. When traveling, this insurance is only in effect if an adult is present in the vehicle.*

Consent: We, as parents of this minor child, acknowledge that we are aware of and understand the risks and hazards connected with the event and activities listed above. We understand that if we have any questions about this event and its activities, we can secure more information before signing this consent form by calling the MSU/Ravalli County Extension Office, 375-6611. We further understand that we are assuming the risks of loss, property damage or personal injury that may be sustained by our child as a result of participating in this event. I hereby consent to my child's participation in this event.

Date and Signature of parent or legal guardian:

### *4-H Ambassadors*

It is time to select our new County Junior Ambassador!

Don't know? Take this simple quiz:

- Are you a 4-H member who is at least age 14 (as of 10/01/07)?
- Are you excited about 4-H and all the opportunities 4-H has to offer?
- Would you like to get other 4-H members excited about 4-H?
- Would you like to promote 4-H to the community?
- Do you want to meet and work with 4-H members from other Montana counties?

If you answered **YES** to all these questions consider applying to be the new Ravalli County 4-H Junior Ambassador.

The position requires a 2 year commitment (The Junior Ambassador becomes the Senior Ambassador the next year). Ambassadors attend **Fall Training** (lots of fun) during the October school break at Fairmont. They get to go to **Congress** and hang out with out 4-H members and ambassadors (even more fun!) They create a plan of action and then spend the year fulfilling that plan. The job requires commitment, enthusiasm, the desire to lead others, work hard and **HAVE FUN!**

Applications are due April 1, 2009. If you think this is for you, contact the Extension office 375-6611 for application. Interviews will be set up mid April.



### *2009 Fashion Revue*

#### *Dazzling Designer Showcase*

Get your sewing machine ready! Enter your quilts and garments into the 2009 Fashion Revue. Members can enter pieces created between May 2008 - May 2009.

**When:** May 8, 2009

**Where:** Corvallis School Gyms

**Registration Deadline:** May 1, 2009

Senior 4-Hers who qualify can go to Congress 2009! One Junior 4-Her will go to camp 1/2 off!

Judging will be the same evening. Registration for the event is due May 1, 2009 at the Extension Office. Call the office to get a packet and sign up!

#### SAVE THE DATE

#### DISTRICT ONE TEEN RETREAT

Loon Lake May 1-3, 2009

It's never too early to be thinking about the retreat! Put it on your calendar. All 4-H youth who are at least 13 years old by May 11, 2008 can attend.

The cost is minimal (\$10 + gas)

Are you just turning 13 so you can't go to Rec Lab? You CAN come to the teen retreat! Are you just missing Loon Lake?

Come to the teen retreat!

Free to adult chaperones!



# Ravalli County 4-H Newsletter



## Important Dates to remember

### MARCH

- Mar 1 QA -- more info on p. 5
- Mar.1- 3 Citizenship Seminar
- Mar. 6 County Rabbit Meeting
- Mar. 7 QA — more info on p. 5
- Mar. 7 Beekeeping Workshop
- Mar. 9 Outdoor Adventure Meeting
- Mar. 9 Shooting Sports Small Bore
- Mar. 12 Horse Committee
- Mar. 13 Goal Setting Lunch 'N' Learn
- Mar. 14 Jr. Rec Lab
- Mar. 15 IFYE Inbound Deadline
- Mar. 16 4-H Council Meeting
- Mar. 17 South County Poultry Meeting
- Mar. 17 Happy St. Patrick's Day!
- Mar. 20-22 State Rec Lab 2009
- Mar. 21 County Dog Meeting
- Mar. 21 Barnyard Bunch Tack Swap
- Mar. 21 County Photography Meeting
- Mar. 23 Outdoor Adventures Meeting
- Mar. 28 4-H Carnival




*The MSU Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.*

4-H: The Youth Development Program of MSU Extension

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